# **Reminders:**

### **EMERGENCY CONTACTS**

NAME	TITLE	PHONE NUMBER/EMAIL

#### **DAILY SCHEDULE**

6:00AM	3:00PM	
7:00AM	4:00PM	
8:00AM	5:00PM	
9:00AM	6:00PM	
10:00AM	7:00PM	
11:00AM	8:00PM	
12:00PM	9:00PM	
1:00PM	10:00PM	
2:00PM	11:00PM	

## **APPOINTMENTS & EXTRACURRICULARS**

SUNDAY	
MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	

# **Reminders:**

### **LUNCHES & DINNERS**

	LUNCH	DINNER
SUNDAY		
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		

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**NOTES:**